

Yor-ok CAMHS Draft Strategy 2013-16

The CAMHS Strategy is being updated, building on the extensive City of York CAMHS Review and Future Challenges document.

It will align with the Children and Young Peoples Plan 2013 -16:

Promoting good mental health *Whilst we have a good range of services to support children and young people's emotional health and wellbeing, we need a more complete picture of local need across all the possible dimensions of young people's mental health.*

We will know we have succeeded *when we have better information about what services are needed, have been able to successfully deliver them and know that they are making a difference. We also need to continue to pay particular attention to what young people are telling us in this area*

Also aligning with the Health and Well-Being Strategy 2013-16 priority:
Improving mental health and intervening early.

Each of these documents emphasises the important of: Comprehensive Needs Assessment; Young Peoples Involvement in services development; Early Intervention; Tackling Stigma and Workforce Development.

The draft strategy has been subject of much consultation with partners and young people. It will be presented in March YorOK Board for consultation /sign of. It will then be launched together with the refreshed Executive arrangements.

Outline Strategy:

Mission Statement and Vision: *'The ultimate goal is to: promote good mental and emotional well-being for children and young people in the City of York, where the emotional welfare and psychological development of the child is paramount.*

To achieve this everybody engaged in providing services for children and young people should contribute towards:

- *tackling the stigma of mental ill-health*

- *supporting high levels of personal achievement for all children and young people, both as individuals and as citizens, contributing towards the greater good.*
- *Access for all children and young people, from birth to their eighteenth birthday, who have mental health problems and disorders to timely, integrated, high quality, multi-disciplinary mental health services to ensure effective assessment, treatment and support, for them and for their families.'*

The strategic priorities will be:

- Strategic planning and commissioning bodies will work together effectively to support child and adolescent mental health and well-being.
- Children and young people and their families will be treated with respect and confidentiality.
- Mental health and well-being services provided by all agencies, including the voluntary and faith sector, are well coordinated.
- Promote mental well-being for children and young people and intervene early when difficulties begin to emerge.
- Universal level services (schools/community) will provide coordinated and effective support to children and young people experiencing emotional or mental health problems, thorough support and signposting by appropriately trained staff.
- Accessible, specialist support will be available for children and young people with severe or chronic mental health needs.
- Supported, Qualified, Experienced and confident workforce will work across agency boundaries

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